



Paediatric information: for parents

Dacryocystorhinostomy (DCR) post-operative advice



What happens after surgery?

After the operation, your child might experience some blood stained oozing from the nose. This usually stops after a few hours. If there is bleeding, apply an ice pack to the bridge of your child's nose (on the opposite side to the dressing). Wipe away any bleeding with a paper tissue. **If the bleeding is severe or continues for 15 minutes, seek medical advice immediately** at your nearest accident and emergency department.

Children can feel uncomfortable after this operation and you can give her/him paracetamol if needed. **Do not use ibuprofen for two weeks as this can cause bleeding.** It is usual for your child to have a watery eye for some weeks after surgery until the swelling and inflammation settles, and the tubes are removed.

On the day following your child's operation, (or the following Monday if your child's operation is on Friday), a nurse will phone to check whether there are any issues and to give advice if needed.

You will also be given a copy of the letter sent to your child's GP stating which operation she/he has had. If your child feels generally unwell, call your GP and take the copy of the letter along.

Aftercare instructions

After your child's operation, he/she should have a quiet evening at home. If their eye pad has not been removed in the hospital, please wash your hands and remove the pad carefully at home the next morning. Gently clean your child's eye with a folded paper tissue and cooled boiled water (but do not add anything to the water, such as salt). Wipe from the inner corner of the eye to the outside but do not rub the eye. Then use the drops and/or ointment as advised by the doctor or nurse.

It is advisable to keep the wound dry and uncovered. When giving your child a shower, gently sponge their face without splashing water and shampoo into the operated eye.

We recommend that your child **avoids strenuous activity for two weeks and**



Email: moorfields.pals@nhs.net
Moorfields' PALS team provides confidential advice and support to help you with any concerns you may have about the care we provide, guiding you through the different services available at Moorfields. The PALS team can also advise you on how to make a complaint.

Your right to treatment within 18 weeks

Under the NHS constitution, all patients have the right to begin consultant-led treatment within 18 weeks of being referred by their GP. Moorfields is committed to fulfilling this right, but if you feel that we have failed to do so, please contact our patient advice and liaison service (PALS) who will be able to advise you further (see above). For more information about your rights under the NHS constitution, visit www.nhs.uk/choiceinthenhs

