



Patient information – surgical services at City Road

Day of surgery instructions – local anaesthetic/light sedation



Your operation will be under local anaesthetic or light sedation.

Date: _____ **Time:** _____

If you have any questions, or there are **any changes to your health**, e.g. if you become pregnant, please contact our pre-assessment unit on 020 7566 2393.

If you cannot attend or are going to be late on the day of surgery, please contact:
Male: Mackellar ward - 020 7566 2590
Female: Sedgwick ward - 020 7566 2570

Both wards are located on the first floor of Moorfields Eye Hospital at City Road. **As there is limited space on the ward, please bring only one friend or relative with you on the day of your operation.**

Preparing for your operation


You may **eat and drink normally**; light refreshments are available on the ward,

and there is a coffee shop on the ground floor should you want to buy something to eat or drink.

Medication (including eye drops)

Please bring along all your medications, including eye drops and **take these as you normally would**, unless instructed otherwise below.

- Please **do not drive to the hospital** for your surgery because your eye will be covered after surgery.
- Please have a bath or shower on the day or evening before coming in for your surgery as this will help decrease your chance of infection post-surgery.

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- Leave any valuables, including mobile phones, before going into the operating room. We provide lockers on each ward where you can store your belongings.
 - Do not wear nail varnish, makeup or jewellery, except for your wedding ring (if you wear one), as these items may interfere with the electrical equipment used to monitor your health during and after surgery.
 - You will remain dressed during surgery, but please wear a button-fastening top such as a shirt or blouse.
 - You are also advised to wear flat shoes as you will have an eye patch on your eye after surgery, which may affect your visual perception.
 - You will need to obtain a roll of surgical tape from your local pharmacy prior to surgery, as you might need to wear a shield at night for up to two weeks following your operation.

What happens on the day of surgery?

Please come at the time specified on your appointment letter as this allows sufficient time for you to be seen by your doctor (who cannot leave the theatre once the list has started) and discuss and sign your consent form.

The nurse who admits you will give you a full explanation of what will happen during your stay.

Your doctors decide the order in which patients are treated, but this might change during the course of the morning or afternoon, so please be patient if we cannot always give you the precise time or order in which you will be going to theatre.

How long will my visit last?

You should expect to be in hospital for between **three and six hours**, depending on when you go for surgery. After your operation, we like to keep you in for at least an hour to ensure there are no problems. Before leaving, you might need a nurse or doctor to examine your operated eye and your medications will need to be dispensed from pharmacy. A prescription charge will need to be paid if you normally pay for prescriptions.

The discharge process sometimes takes longer than anticipated so we recommend you make alternative arrangements for work, childcare etc. We will try to keep you informed of any delays and how long you can expect to wait. You will be given your drops, eye shield and a follow-up appointment after your final discharge. Please note that some types of surgery require patients to return the following morning for review. **You may go home by public transport, but it is recommended that you have an adult accompanying you.**



